

**MYTH**

Sexual assault is a spur of the moment act.

**FACT**

Most rapists plan carefully in advance to ensure they are not caught, and they rarely stop at one offence.

Myths blame the victim and give perpetrators excuses.

**NSW Rape Crisis Centre**

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

Counselling: 1800 424 017