

**NSW Rape Crisis Centre  
Senior Group Leader – Online Therapeutic Support Group  
Position Information  
February 2010**

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NSW Rape Crisis Centre seeks the services of an experienced Senior Group Leader to develop and deliver an innovative online therapeutic support group for eight young people aged 12 to 16 years who have experienced sexual violence.

The group will be offered twice per week over twelve weeks and will include therapeutic interventions, psycho-social education and encourage peer support. The group will operate fully in an electronic environment.

The project includes the employment of a second group leader to co lead the group and researcher to evaluate project outcomes.

It is envisaged that the Senior Group Leader will develop the program with reference to other evidence based programs targeting the cohort and sexual assault recovery.

**Role of the Senior Group Leader**

The Senior Group Leader will:

Pre Group – 228 hours over six weeks to eight weeks

- Promote the group to sexual assault counselling services,
- Assess group participants for group readiness,
- Establish clinical care networks with the counsellors who are working with group participants,
- Research and prepare group content.

During Group – 16 hours per week over 12 weeks

- Facilitate the group,
- Continue to review and prepare group content,
- Respond to clinical care network agreements.

Post Group – 20 hours over 2 weeks

- Participate in the preparation of the final report.

**Wages Conditions and Period of Employment**

The Senior Group Leader will be paid \$32.00 per hour. Contributions to superannuation will be made and annual leave will be accrued.

The Senior Group Leader will begin employment in February with the group beginning in April/May. The project will be completed by August 2010 and a total of 440 hours is offered. Hours worked are

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flexible with the exception of the group times which will be at a regular time each week after school hours.

**Orientation, Supervision and Support**

Orientation to NSW Rape Crisis Centre and the program will be provided on the first day of employment and supervision with the Clinical Manager will be ongoing.

A reference committee has been formed. Members bring experience in group work, working with young people who have been sexually assaulted and working online to the project.

**Management of Vicarious Trauma**

NSW Rape Crisis Centre identified that Vicarious Trauma is the main workplace OH&S hazard. A package of policies and practices that consistently and comprehensively identify and manage this risk has been developed. Work has focused on building a culture of vigilance about vicarious trauma within the workforce. This package won the WorkCover SafeWork 2007 Award for Best Solution to an Identified OH&S Issue.

Regular monitoring of vicarious trauma will be provided and a self care plan will be offered.